

**Escomb Primary School – Long Term Planning Relationships Education, Physical Health and Mental Wellbeing and Living in the Wider World  
Talking Points – Focus Education Resources**

	Autumn Term		Spring Term		Summer Term	
	Autumn Term 1	Autumn Term 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>TP1 – Who is in my family?</p> <p>TP2 – Who are my important people?</p> <p>TP3 – What makes a person?</p>	<p>TP4 – What makes me happy?</p> <p>TP5 – What does sad feel like?</p> <p>TP6 – Why do we have rules?</p>	<p>TP7 – Is it kind or unkind?</p> <p>TP8 Is teasing ever ok?</p> <p>TP 9 – What should I do if I don't like it?</p>	<p>TP10 – What does worry feel like?</p> <p>TP11- How do I keep safe?</p> <p>TP12 – What should I do in an emergency?</p>	<p>TP13-When should I wash my hands?</p> <p>TP14- - Why are teeth important?</p> <p>TP15- What should I do with money?</p>	<p>TP16 – What did I need as a baby?</p> <p>TP17 – How can I be more grown up?</p> <p>TP18 – Do I have to be the best?</p>
Year 2	<p>TP1 – Why should I exercise?</p> <p>TP2 – What if I don't like vegetables?</p> <p>TP3 – Are medicines always good?</p>	<p>TP4 – Can I stop myself getting ill?</p> <p>TP 5- What does angry feel like?</p> <p>TP 6- How do I make you feel?</p>	<p>TP 7- Is it right or wrong?</p> <p>TP 8 – How can I compromise?</p> <p>TP9 – What are rights and responsibilities?</p>	<p>TP10 – How do I contribute?</p> <p>TP11- How can I save our planet?</p> <p>TP12 – Where could my money come from?</p>	<p>TP13 - Do I know my body?</p> <p>TP 14 – What does private really mean?</p> <p>TP15- Who can I trust?</p>	<p>TP 16 – Should I keep a secret?</p> <p>TP17 – Am I safe online?</p> <p>TP18 – What should I aim for?</p>
Year 3	<p>TP1 – What can affect my health?</p> <p>TP2 – What's a balanced lifestyle?</p> <p>TP3 – What is health and safety?</p>	<p>TP4 – How does smoking damage my health?</p> <p>TP 5 – Who can help me be safe?</p> <p>TP6 – What is restorative justice?</p>	<p>TP7 – What are my rights and responsibilities?</p> <p>TP8 – What happens if I break a rule?</p> <p>TP9 – Why should I tell the truth?</p>	<p>TP10 – What does honesty really mean?</p> <p>TP11 – What do I do when my friend is sad?</p> <p>TP12 – Who do my actions affect?</p>	<p>TP13 – What are my relationship rights and responsibilities?</p> <p>TP14 – How do I raise my concerns?</p> <p>TP15 – What's a community?</p>	<p>TP16 – How can we be different?</p> <p>TP17 – Who else lives in my region?</p> <p>TP18 – Who else lives in the uk?</p>

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Year 4	TP1 – What’s that feeling I have?  TP2 – What do I do when my friend is cross? TP3 – How do I compromise?	TP4 – How do I do emergency first aid?  TP 5 – Am I at risk?  TP6 – How do I stay safe online?	TP7 – Am I safe on my mobile phone?  TP8 – What can I do about negative thoughts? TP9 – Should I own up?	TP10 – Is it ok to hug?  TP11 – What’s an aspiration? TP12 – What is enterprise?	TP13 – What worries me in the world?  TP14 – What is discrimination? TP15 – What does it mean to be antisocial?	TP16 – How do I support my community? TP17 - What’s a volunteer? TP18 – Can I volunteer or help others?
Year 5	TP 1 – Can I set goals for me? TP2 – How does alcohol damage my health?  TP3 – Can my mind get ill?	TP4 – How do I make a choice? TP5 – Should my heart rule my head?  TP6 – Why is change so scary?	TP7 – what is peer pressure? TP8 – What if I am uncomfortable?  TP9 – What is loss?	TP10 – Is my relationship unhealthy? TP11 – What’s a relationship commitment?  TP12 – What is a stereotype?	TP13 – What is prejudice? TP14 – How do I challenge someone’s views? TP15 – What is debt?	TP16- Who pays tax and what does it do? TP17 – Who chooses who runs our country? TP18 – Can I save money and the environment?
Year 6	TP1 – How should I manage my money?  TP2 – How do drugs damage my health? TP3 – What affects my mental health?	TP 4 – Will sad things happen to me?  TP 5 – How do I break a habit? TP6 – Should I give in to peer pressure?	TP7 – Should I send/post something I am not comfortable with? TP8 – What if I get dared?  TP9 – If it happens all the time does it mean it’s right?	TP10 – What is puberty?  TP11 – How do humans reproduce? TP12 – How do we look after ourselves?	TP13 – Are images in the media real?  TP14 – Should I trust the media? TP 15 – Should I join in an argument?	TP16 – Am I a cyber bully?  TP17 – Have I trolled someone? TP18 – What sort of person shall I be?
Whole School PSHE opportunities	World First Aid Day Jeans for Genes Day Recycling Week National Fitness Day European Day of Languages World mental Health Day	Anti Bullying Week Odd Socks Day Friendship Friday Road Safety Week Remembrance Day Children in Need Climate Change Advent and Christmas	RSPB Big School Bird Watch LGBT and History Month Children’s Mental Health Week NSPCC Number Day Time to talk day – feelings Safer Internet Day Random Acts of Kindness Week	World Book Day Sport Relief/Comic Relief Mothers Day Fair Trade Fortnight Engineer Week Paralympics International Women’s Day No Smoking Day Earth Hour	Autism Awareness World Health Day Mental HealthAwareness week National Walking Month Skin Cancer Awareness	Walk to School Week Pride Month Healthy Eating Week Fathers Day RSE Day Sports Day Common Wealth Games

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Go Well – Quidditch Bike and scooter skills Yoga Coaching Day Theatre Groups Mindfulness workshops						
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**Talking Points Year Group Overview**

		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships Education	Families and people who care for me	TP 1, 2		TP7, 11,12, 14, 16, 17, 18		TP, 2 9,11	TP9,11
	Caring Friendships	TP2,7,8,18	TP8,10	TP 6,7,8,9,10,11, 12,13, 14	TP 2, 3	TP 7,10,13,14	TP6,7,8,9,15,17
	Respectful Relationships	TP3,8,9	TP 6,7, 8,9,10,14	TP 6,7,8,9,10,12,14, 16	TP3,9,10,14,15	TP 7,8,10,12,13,14	TP6,7,8,15,17
	Online Relationships		TP 17	TP 14	TP 6,7		TP 7,15,16,17
	Being Safe	TP 8,9	TP 14,15,16	TP 5,11,14	TP 2,6,7	TP 7,8,10,14	TP 9,16
Physical Health and Mental Wellbeing	Mental Wellbeing	TP 4,5,10	TP 5,6	TP 1,2,8	TP 1,2,5,8,13,16, 17,18	TP 3,7,9,10	TP 3,4
	Internet Safety and Harms		TP 17,				TP 5,7,13,14,16,17
	Physical Health and Fitness		TP 1	TP 1,2			TP 3,12
	Healthy Eating		TP2	TP 1			TP 12
	Drugs, Alcohol and Tobacco			TP 4		TP 2	TP 2,5

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	Health and Prevention	TP 13,14	TP 3,4	TP 1,2			TP 12
	Basic First Aid	TP 12			TP 4		
	Changing Adolescent Body						TP 10
Living in the Wider World	Belonging to a Community	TP 3,6,11,17	TP 8,9, 11, 17	TP 3,6,7,16,15	TP3,14,15,16	TP4,5,7,8,12,13,14,17	
	Media literacy and digital literacy		TP17	TP14	TP 6,7		TP5,7,13,16,14,15,16,17
	Money and Work	TP 15	TP12,17,18		TP11,12	TP 1,15,16,17,18	TP 1, 5 Game Of Actual Life