

Reception	Autumn	Spring 1	Summer 1
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Year 1	Autumn	Spring 1	Summer 1
	<p>Relationships education – Families and people who care for me, caring friendships, respectful relationships</p> <p>Physical Health and mental well being – mental well being</p> <p>Living in the wider world – Belonging to a community</p> <p>TP1 – Who is in my family? TP2 – Who are my important people? TP3 - What makes a person? TP4 - What makes me happy? TP5 – What does sad feel like? TP6 – Why do we have rules?</p>	<p>Relationships education – caring friendships, respectful relationships, being safe</p> <p>Physical Health and mental well being – mental well being</p> <p>Living in the wider world – Belonging to a community</p> <p>TP 7 – Is it kind or unkind? TP 8 – Is teasing ever ok? TP9 – What should I do if I don't like it? TP 10 – What does worry feel like? TP 11 - How do I keep safe? TP12 - What should I do in an emergency?</p>	<p>Relationships education –, caring friendships,</p> <p>Physical Health and mental well being – health and prevention, basic first aid</p> <p>Living in the wider world – Money and work</p> <p>TP13-When should I wash my hands? TP14 - Why are teeth important? TP15 – What should I do with money? TP16 – What did I need as a baby? TP17 – How can I be more grown up? TP18 – Do I have to be the best?</p>
Year 2	Autumn	Spring 1	Summer 1
	<p>Relationships education – respectful relationships</p> <p>Physical Health and mental well being – mental well being, physical health and fitness, healthy eating, health and prevention</p> <p>TP1 – Why should I exercise?</p>	<p>Relationships education –caring friendships, respectful relationships,</p> <p>Living in the wider world – Belonging to a community, money and work</p> <p>TP 7 – Is it right or wrong? TP 8 – How can I compromise? TP9 – What are rights and responsibilities?</p>	<p>Relationships education – respectful relationships, online relationships, being safe</p> <p>Physical Health and mental well being – Internet safety and harms</p> <p>Living in the wider world – Belonging to a community, media literacy and digital literacy, money and work</p>

	<p>TP2 – What if I don't like vegetables? TP3 – Are medicines always good? TP4 – Can I stop myself getting ill? TP5 – What does angry feel like? TP6 – How do I make you feel?</p>	<p>TP 10 – How o I contribute? TP 11 – How can I save the planet? TP12 – Where could my money come from?</p>	<p>TP13-Do I know my body? TP14 – What does private really mean? TP15 – Who can I trust? TP16 – Should I keep a secret? TP17 – Am I safe online? TP18 – What should I aim for?</p>
<h2 style="text-align: center;">Year 3</h2>			
	Autumn 1	Spring 1	Summer 1
<p>Relationship education – caring friendships, respectful relationships, being safe</p> <p>Physical Health and Mental Wellbeing – Mental wellbeing, physical health and fitness, healthy eating, drugs alcohol and tobacco, health and prevention</p> <p>Living in the wider world -belonging to a community</p> <p>TP1 – What can affect my health? TP2 – What is a balanced lifestyle? TP3 – What is health and safety? TP4 – How does smoking damage my health? TP5 – Who can help me be safe? TP6 – What is restorative justice?</p>	<p>Relationships education - families who care for me, caring friendships, respectful relationships, being safe</p> <p>Physical Health and Mental Wellbeing – Mental wellbeing,</p> <p>Living in the wider world -belonging to a community</p> <p>TP 7 – What are my rights and responsibilities? TP 8 – What happens if I break a rule? TP9 – Why should I tell the truth? TP 10 – What does honesty really mean? TP 11 – What do I do when my friend is sad? TP12 – Who do my actions affect?</p>	<p>Relationships education - families who care for me, caring friendships, respectful relationships, online relationships, being safe</p> <p>Living in the wider world -belonging to a community, Media literacy and digital literacy</p> <p>TP13-What are my relationship rights and responsibilities? TP14 – How do I raise my concerns? TP15 – What's a community? TP16 – How can we be different? TP17 – Who else lives in my region? TP18 – Who else lives in the UK?</p>	
<h2 style="text-align: center;">Year 4</h2>			
	Autumn	Spring	Summer
<p>Relationships Education – caring friendships, respectful relationships, online relationships, being safe</p>	<p>Relationships Education – respectful relationships, online relationships, being safe</p>	<p>Relationships Education – respectful relationships</p>	

	<p>Physical Health and mental wellbeing – mental wellbeing, internet safety and harms, basic first aid</p> <p>Living in the wider world – belonging to a community, media literacy and digital literacy</p> <p>TP1 – What's that feeling I have? TP2 – What do I do when my friend is cross? TP3 – How do I compromise? TP4 – How do I do emergency first aid? TP5 – Am I at risk? TP6 – How do I stay safe online?</p>	<p>Physical Health and mental wellbeing – mental wellbeing, internet safety and harms</p> <p>Living in the wider world –media literacy and digital literacy, money and work</p> <p>TP 7 – Am I safe on my mobile phone? TP 8 – What can I do about negative thoughts? TP9 – Should I own up? TP 10 – Is it ok to hug? TP 11 – What's an aspiration? TP12 – What is enterprise?</p>	<p>Living in the wider world – belonging to a community</p> <p>TP13-What worries me in the world? TP14 – What is discrimination? TP15 – What does it mean to be anti social? TP16 – How o I support my community? TP17 – What's a volunteer? TP18 – Can I volunteer or help others?</p>
<h2 style="text-align: center;">Year 5</h2>			
	Autumn	Spring	Summer
	<p>Relationships Education – Families and people who care for me</p> <p>Physical Health and mental wellbeing – mental wellbeing, drugs alcohol and tobacco</p> <p>Living in the wider world – belonging to a community, money and work</p> <p>TP1 – Can I set goals for me? TP2 - How does alcohol damage my health? TP3 – Can my mind get ill? TP4 – How do I make a choice? TP5 – Should my heart rule my head? TP6 – Why is change so scary?</p>	<p>Relationships Education – Families and people who care for me, caring friendships, respectful relationships, being safe</p> <p>Physical Health and mental wellbeing – mental wellbeing,</p> <p>Living in the wider world – belonging to a community, money and work</p> <p>TP 7 – What is peer pressure? TP 8 – What if I am uncomfortable? TP9 – What is loss? TP 10 – Is my relationship unhealthy? TP 11 – What's a relationship commitment? TP12 – What is a stereotype?</p>	<p>Relationships Education – caring friendships, respectful relationships, being safe</p> <p>Living in the wider world – belonging to a community, money and work</p> <p>TP13-What is prejudice? TP14 – How do I challenge someone's views? TP15 – What is debt? TP16 – Who pays tax and what does it do? TP17 – Who chooses who runs our country? TP18 – Can I save money and the environment?</p>
<h2 style="text-align: center;">Year 6</h2>	GOAL – Game of actual Life		
	Autumn	Spring	Summer
	<p>Relationships Education – caring</p>	<p>Relationships Education – families and</p>	<p>Relationships Education – caring</p>

	<p>friendships, respectful relationships</p> <p>Physical Health and mental wellbeing – mental wellbeing, internet safety and harms, physical health and fitness, drugs alcohol and tobacco</p> <p>Living in the wider world – media literacy and digital literacy, money and work</p> <p>TP1 – How should I manage my money? TP2 – How do drugs damage my health? TP3 – What affects my mental Health? TP4 – Will sad things happen to me? TP5 – How do I break a habit? TP6 – Should I give in to peer pressure?</p>		<p>people who care for me, caring friendships, respectful relationships, online relationships, being safe</p> <p>Physical Health and mental wellbeing – internet safety and harms, physical health and fitness, healthy eating, health and prevention, changing adolescent body</p> <p>Living in the wider world – media literacy and digital literacy</p> <p>TP 7 – Should I send/post something I am not comfortable with? TP 8 – What if I get dared? TP9 – If it happens all the time is it right? TP 10 – What is puberty? TP 11 – How do humans reproduce? TP12 – How do we look after ourselves?</p>		<p>friendships, respectful relationships, online relationships, being safe</p> <p>Physical Health and mental wellbeing –internet safety and harms</p> <p>Living in the wider world – media literacy and digital literacy</p> <p>TP13-Are images in the media real? TP14 – Should I trust the media? TP15 – Should I join in an argument? TP16 – Am I a cyber bully? TP17 – Have I trolled someone? TP18 – What sort of person shall I be?</p>	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Whole School Opportunities</p>	<p>World First Aid Day Jeans for Genes Day Recycling Week National Fitness Day European Day of Languages World mental Health Day Go Well – Quidditch Bike and scooter skills</p>	<p>Anti Bullying Week Odd Socks Day Friendship Friday Road Safety Week Remembrance Day Children in Need Climate Change Advent and Christmas</p>	<p>RSPB Big School Bird Watch LGBT and History Month Children’s Mental Health Week NSPCC Number Day Time to talk day – feelings</p>	<p>World Book Day Sport Relief/Comic Relief Mothers Day Fair Trade Fortnight Engineer Week Paralympics International Women’s Day</p>	<p>Autism Awareness World Health Day Mental HealthAwareness week National Walking Month Skin Cancer Awareness</p>	<p>Walk to School Week Pride Month Healthy Eating Week Fathers Day RSE Day Sports Day Common Wealth Games</p>

	Yoga Coaching Day Theatre Groups Mindfulness workshops		Safer Internet Day Random Acts of Kindness Week	No Smoking Day Earth Hour		
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